KIDS FASTING CALENDAR 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dear Families, We hope this calendar will serve as a useful tool during our 21 day fast & that it will help establish healthy spiritual habits in your children and family. We suggest using the NIRV version when		 KIDS: 1. Fast, Read, Pray 2. Have your parent or guardian sign each day you complete 3. Return this sheet at the end for 5 KidzBux for each day completed 		9 Fast: TV, Movies, Videos Read: Ezra 8:23 Pray: Ask God to help you pray faithfully during this fast.	10 Fast: Desserts, Candy Read: Colossians 1:10 Pray: That your life will honor God, have good fruit, and to know God better.	11 Fast: Social Media, Apps Read: Philippians 13-16 Pray: Help me to look forward and focus on God.
reading the scriptures.	13	4. BE HONEST! 14	15	16	17	18
Fast: All Electronics	Fast: TV, Movies, Videos	Fast: Deserts, Candy	Fast: Social Media, Apps	Fast: All Electronics	Fast: TV, Movies, Videos	Fast: Desserts, Candy
Read: Romans 8:38-39	Read: Mark 12:31	Read: 1Thess. 5:11	Read: Isaiah 41:10	Read: John 15:12-13	Read: James 5:14	Read: Ephesians 2:20-22
Pray: For any family members who don't know Jesus.	Pray: For your neighbors needs and to show them Jesus.	Pray: For your teachers & principals to have wisdom and rest.	Pray: For our military to not be afraid, but to have peace, strength & safety in Jesus.	Pray: For your friends to know Jesus. Ask God to help you be a friend to those who need one.	Pray: For those who are sick in their body or mind that they would be healed in Jesus name.	Pray: For your church, your pastors, & all your leaders to have strength, health, and peace.
19	20	21	22	23	24	25
Fast: Social Media, Apps	Fast: All Electronics	Fast: TV, Movies, Videos	Fast: Desserts, Candy	Fast: Social Media, Apps	Fast: All Electronics	Fast: TV, Movies, Videos
Read: Psalms 91:4-5	Read: I Timothy 2:2	Read: II Chronicles 7:14	Read: Matthew 28: 19-20	Read: Psalm 145	Read: I John 2:1-2	Read: Psalm 119:66
Pray: For all first responders to have courage, peace, & safety & peace for their families	Pray: For our government leaders to have Godly wisdom, honor the Bible, and to know Jesus.	Pray: For God to forgive our nation when we do not honor Him and for hearts to turn to Jesus.	Pray: For missionaries to have courage, peace, favor, safety, all they need, & to share Jesus. 29	Pray: Praise God for who He is, Creator, Savior, Father, King, Healer, and anything else you think of.	Pray: Thank God for dying on the cross & rising again, so we can be forgiven and saved.	Pray: To have a love of the Bible & for God to give you understanding & to help you do what is right.
26 Fast: Desserts, Candy Read: Colossians 3:13 Pray: Ask God to show you if you have any unforgiveness toward anyone. Then pray to forgive them.	Fast: Social Media, Apps Read: I John 1:9 Pray: Ask God to forgive you for the things that are not pleasing to Him, to make your heart pure, & to make good choices.	28 Fast: All Electronics Read: Ephesians 6:19 Pray: That God would make you bold & give you the right words to tell others about Jesus so they can be saved.	29 Fast: TV, Movies, Videos Read: Isaiah 58:6-7 Pray: That you would continue to have a heart of fasting & prayer to break every chain, help those in need, & cover your family in God's love.			

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