## **Kids Fasting Calendar 2024**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dear Families,	KIDS:			4	5	6
We hope this calendar will	1. Fast, Read, Pray			Fast: All Electronics	Fast: TV, Movies, Videos	Fast: Deserts, Candy
serve as a useful tool	2. Have your parent or guardian sign each day			Read: Romans 8:38-39	Read: Mark 12:31	Read: 1 Thess. 5:11
during our 21 day fast & that it will help establish	you complete			Pray: For any family	Pray: For your neighbors	Pray: For your teachers &
healthy spiritual habits in your children and family. We suggest using the	3. Return this sheet at the end for 5 KidzBux for each day completed			members who don't know Jesus.	needs and to show them Jesus.	principals to have wisdom and rest.
NIRV version when reading the scriptures.	4. BE HONEST!					
7	8	9	10	11	12	13
Fast: Social Media, Apps	Fast: All Electronics	Fast: TV, Movies, Videos	Fast: Desserts, Candy	Fast: Social Media, Apps	Fast: All Electronics	Fast: TV, Movies, Videos
Read: Isaiah 41:10	Read: John 15:12-13	Read: James 5:14	Read: Ephesians 2:20-22	Read: Psalms 91:4-5	Read: I Timothy 2:2	Read: II Chronicles 7:14
Pray: For our military to not be afraid, but to have peace, strength & safety in Jesus.	Pray: For your friends to know Jesus. Ask God to help you be a friend to those who need one.	Pray: For those who are sick in their body or mind that they would be healed in Jesus name.	Pray: For your church, your pastors, & all your leaders to have strength, health, and peace.	Pray: For all first responders to have courage, peace, & safety & peace for their families.	Pray: For our government leaders to have Godly wisdom, honor the Bible, and to know Jesus.	Pray: For God to forgive our nation when we do not honor Him and for hearts to turn to Jesus.
14	15	16	17	18	19	20
Fast: Desserts, Candy	Fast: Social Media, Apps	Fast: All Electronics	Fast: TV, Movies, Videos	Fast: Desserts, Candy	Fast: Social Media, Apps	Fast: All Electronics
Read: Matthew 28: 19-20	Read: Psalm 145	Read: I John 2:1-2	Read: Psalm 119:66	Read: Colossians 3:13	Read: I John 1:9	Read: Ephesians 6:19
Pray: For missionaries to have courage, peace, favor, safety, all they need, & to share Jesus.	Pray: Praise God for who He is, Creator, Savior, Father, King, Healer, and anything else you think of.	Pray: Thank God for dying on the cross & rising again, so we can be forgiven and saved.	Pray: To have a love of the Bible & for God to give you understanding & to help you do what is right.	Pray: Ask God to show you if you have any unforgiveness toward anyone. Then pray to forgive them.	Pray: Ask God to forgive you for the things that are not pleasing to Him, to make your heart pure, & to make good choices.	Pray: That God would make you bold & give you the right words to tell others about Jesus so they can be saved.
21	22	23	24			
Fast: TV, Movies, Videos	Fast: Desserts, Candy	Fast: Social Media, Apps	Fast: Desserts, Candy			
Read: Isaiah 58:6-7	Read: Mathew 4:1-4	Read: Philippians 4:13	Deeds Oplansions 1:10			
Pray: That you would continue to have a heart of fasting & prayer to break every chain, help those in need, & cover your family in God's love.	Pray: That you would have the desire of reading the bible daily, and wisdom to understand it so you can share it with family and freinds.	Pray: For the coming year to be full of wisdom from God, and trust in the lord that he will be with you all the days of your life.	Read: Colossians 1:10 Pray: That your life will honor God, have good fruit, and to know God better.			